

STAFF REPORT
City of Lancaster

NB 1
10/22/2024
TN

Date: October 22, 2024

To: Mayor Parris and City Council Members

From: Trolis Niebla, City Manager
Allison Burns, City Attorney

Subject: Ordinance Adding Chapter 8.34 to the Lancaster Municipal Code Relating to the Sale of Energy Drinks to Persons Under the Age of 18

Recommendation:

Introduce **Ordinance No. _____** adding Chapter 8.34 to the Lancaster Municipal Code relating to the sale of energy drinks to persons under 18 years of age.

G.C. Section 84308: No

Fiscal Impact:

None.

Background:

In order to protect the public health, safety and welfare of persons under the age of eighteen (18) years of age, the City Council of the City of Lancaster has determined it is necessary to prohibit the sale, distribution, giving away or offering of energy drinks to persons under the age of eighteen (18) years old. Research has shown that the consumption of energy drinks by persons under the age of eighteen years old have several negative effects. For instance, children may experience increased heart rates, anxiety, jitteriness, headache and fatigue. Furthermore, children younger than 18 years of age may have a lower tolerance for increased heart rates, anxiety, jitteriness, headache, and fatigue caused by energy drinks than those over the age of 18; and children younger than 18 years of age are more susceptible to the harmful effects of stimulants because their bodies are less developed than adults.

Staff recommends that the City Council approve the introduction of this ordinance as the protection of individuals eighteen years of age and younger outweigh the cost benefit of the sale

of energy drinks.

Attachment:

Ordinance No. _____